

# perspectives

**Issue 41 - Autumn 2018**  
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If you have any comments or questions, would like to make any contribution to the next edition of Perspectives or would like to receive this magazine on a quarterly basis, please contact the editorial team via:  
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Dear Friends,

Across our country in recent months thousands of people have gathered in our cathedrals – there are 42 of them – to witness ordinations. One of the most powerful lines in the service comes from the gathered people:



"We will support them".

This support is pledged to the many who are being ordained to serve as clergy within the church of England.

These months have been especially significant for our Parish. In September, Judi Hammill begins her public ministry as a deacon in Tunbridge Wells having been trained in our Parish and at St Melitus college. Anthony, her husband and our outgoing Associate Vicar, takes on a role to organise the support and training of the newly ordained.

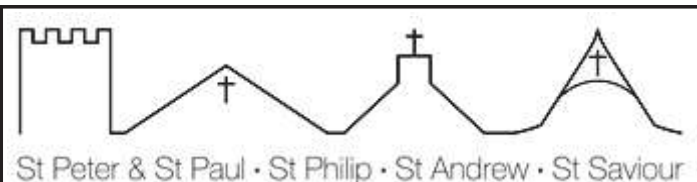
Our own Parish curate Wendy Carr will be ordained to the presbyterate and will begin presiding at communion in late September. We pray for them all especially on September 29<sup>th</sup>. Ordained clergy are to represent and focus the ministry of the whole people of God. The public nature of their work brings with it extra challenges, but in essence it is to picture for us all the life of all church members as they seek to live for Christ in the world.

It might seem an overboiled phrase to say that we all have a ministry, but nonetheless it is true. We do all have a ministry. Anyone who has received ministry from Christ - namely they have been forgiven, loved and brought into a spiritual family - has a ministry to pass it on. This is His ministry through us.

I trust as you read and reflect on how many are seeking to minister for Christ, you will be inspired to sense how much you have been blessed, and thereby be enabled to pass that blessing onto others.

With my prayerful good wishes

*The Rev'd Canon Mark Brown*  
 Vicar of Tonbridge Parish Church



The Perspectives logo found on the front cover represents the four churches worshipping and working together.



# Julie Conalty

***became Archdeacon of Tonbridge last year after a varied career, some of it overlapping with training as a priest.***

***Tell us about your previous roles in the community.***

When I first felt called to ordained ministry in the CofE it was not a possibility for women. So, I pursued another aspect of my vocation to work with those on the margins of society – running a homeless shelter for a year and then joining the Probation Service. I was sponsored by the Home Office to undertake social work training and went on to become a Probation Officer. In total, I worked for the Probation Service in London for 16 years and over that time developed an expertise in engaging offenders with education, training and employment. This led to further work centred on the resettlement of offenders leaving custody and to a consultancy role with a range of agencies aiming to reduce the numbers of young people not in education, employment or training (called NEETs). I also worked for a Local Authority as a service manager for specialist youth services for a couple of years.

***Did your faith ever help?***

I think it was all rooted in my faith - my motivation was always to make a positive difference in our community. Faith gave me the direction and drive. It was also the source of my hope – hope that against all odds there was always the possibility of positive change.

***Did you always want to become a church minister?***

Yes - since I was about 16 and experienced a very strong calling. It was complicated by the fact that I moved in Christian circles in which the leadership of women was not always affirmed.

***Having taken a roundabout route into ministry, would you change anything? Or has your experience helped?***

If women could have been ordained as priests in the 1980s I would have explored my priestly

vocation then and might have had different opportunities within the church – in terms of training and ministry. On the other hand, I wouldn't have had all the experience I gained in my so-called 'secular' work and they all feed into my ministry.

***Tell us what being Archdeacon of Tonbridge involves?***

In the first six months it has involved a lot of driving, but that was exacerbated by me living in Erith and having to drive from south east London every day either to Rochester or to the parishes in the archdeaconry. Now I have moved house and live near Tonbridge it should be a lot easier and people can come to see me instead.

In some ways being an archdeacon is like any senior management role - plenty of troubleshooting, pastoral care, issues with church buildings, charring and attending meetings.... We are also looking much more carefully at how we allocate resources - especially clergy and lay ministers - in order to ensure a fairer deployment across the Diocese. The key difference is that I am still a priest and interwoven into all of this is prayer, in a much more explicit way than in my previous work outside the church.

I also have lead responsibility for safeguarding in the Diocese and that is incredibly challenging. It can feel like a huge burden at times trying to make our church a safer place. I often carry a holding cross to help me pray for the victims and survivors of abuse and to help me to repeatedly bring my work in this area back to God.

***Are we likely to see you around the town?***

Definitely – I have already been frequenting the local shops and restaurants.

***Finally tell us what you like to do in your spare time?***

Well, Friday night is 'curry night' and I am also trying out the local pubs. I like going to the cinema or theatre and to see live music or comedy. I enjoy gentle country walks or cycle rides.

***Thank you for your time Julie.***



## PADDINGTON AT 60

October 2018 is the 60<sup>th</sup> anniversary of the publication of the very first Paddington book by Michael Bond: *A Bear Called Paddington*. The polite, well intentioned bear, causing havoc amid the Brown family's household and neighbours, caught on and Michael Bond went on to write 9 books of short stories. Always in print, moving through at least 6 illustrators, the original stories are now supplemented by games, Little Libraries, duffle-coated Paddington bears with wellies, Paddington's pop-up guide to London... and of course the films. We asked readers young and old(er) what they enjoyed about Paddington.



I enjoyed the films and the books I have read about Paddington. I enjoyed the films a bit better because most of it was about robberies and I love detective stuff. That is why I like the films better. I liked the books but at some

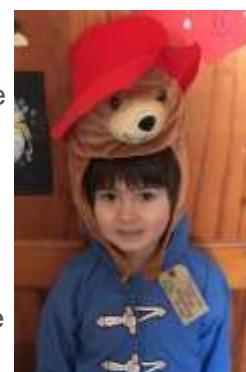
parts they were quite boring. I loved Paddington 2, but Paddington 1, not so much. My favourite scene in the film is when they escape from prison, then ride away in a hot air balloon after that. They were both mad and funny though and sometimes I couldn't hear the film because of the laughing. My favourite character is Jonathan Brown because he invents all sorts of exciting things. I would recommend the films for ages 6+.

*Joshua Hammill*

I enjoyed seeing the first Paddington film with my parents and grandparents. *Paddington 2* was even better. I particularly enjoyed seeing how stupid Paddington could be, such as in the barber's in the second film. My favourite character has to be Paddington and my best incident was the action on the train at the end of the second film. *Isaac King*



My favourite character in the 'Paddington' books and films has to be Paddington bear because he is so loving, brave and funny. The incident I liked best in the first Paddington film was when he accidentally flooded the bathroom and sailed down the stairs in a bathtub. To me Paddington proves that even sad times can be made better with a marmalade sandwich and some good friends.



*Jack Stockdale*

I have always loved Paddington because we were both born in and grew up in darkest Peru! My parents read me the first book when I was quite young, and I remember visiting the zoo in Lima and waving at an elderly bear who, I was certain, was Aunt Lucy living out her later years in an Old Bears' Home.

*Paddington on Stage* was the first long chapter book that I read when I was about seven. I think I mostly persevered to the end because my teacher told me that my reading wasn't good enough to read such a long book. It was the beginning of my love of reading and my stubbornness in reading what I feel like, regardless of other people's opinions.

When Josh was younger I read him the simplified Paddington books and he also enjoyed watching the old BBC Paddington series on DVD. We really enjoyed doing the Paddington trail in London when the film came out a few years ago. I loved the first film which I think captured Paddington's personality very well, especially his ability to get into and out of strange and funny situations.

*Judi Hammill*

### David Rowe

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# MISSION ACTION GROUP

Our parish supports several organisations and individuals undertaking mission activities. Our **Mission Action Group** co-ordinates the support of all of our mission partners and any other charitable organisations that we would like to support.

With various changes in our projects recently, we bring you a round-up.

**Retrak** 

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**HOPE FOR JUSTICE**

Retrak works in Uganda, Tanzania, Kenya, Ethiopia and Malawi, and also in Brazil. With teams of workers on the streets, drop-in centres, refuges, centres providing medical help and skills training, the aim is to reintegrate street children into their families. It now also includes family work to help prevent the break up that leads to children on the streets.

Recently Retrak amalgamated with Hope for Justice, a Christian charity with a strong history of working to combat slavery and exploitation in a number of countries. So often children are driven onto the streets as a direct result. Combining their efforts, they hope to help to solve many of the problems at source.

[retrak.org](http://retrak.org)

[hopeforjustice.org](http://hopeforjustice.org)



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[us.langham.org](http://us.langham.org)





## Anglican Diocese Of Kondoa Tanzania

Together with a number of parishes across the diocese of Rochester we support Bishop Given Gaula and his ministry in the Anglican Diocese of Kondoa in Tanzania. The Diocese, which is approximately the size of Wales in terms of land area, covers the Kondoa and Chemba districts of the Dodoma region of the country. 76% of Tanzania's population subsist thanks to agriculture and, due to the lack of knowledge and infrastructure to develop and implement some kind of agricultural technology, any droughts, floods, or temperature shocks can severely damage the living standards of those people and create huge increases in unemployment, hunger, and malnutrition rates, as well as, in really severe case, mortality rates due to starvation. Our parish has also provided funding for the building of an English-speaking kindergarten, which is due to open very soon. Over the past few years, members of our church family have visited Kondoa and have been able to use their skills to help this project move along. A further group of parishioners will be visiting to attend the official opening of the kindergarten in October.

[kondoa.anglican.org](http://kondoa.anglican.org)



## The Lawrence Barham Memorial Trust: Rwanda, Uganda and Burundi

The Trust has been operating in East Africa since 1985, supporting the work of the Anglican Church. Projects have included a flourishing cathedral, two income-generating guest houses and schools.

In Rwanda, 16 Pastors houses are being built - parishes are spread widely across the diocese where new churches are being opened. Other plans include a dining hall and girls' dormitory at St Matthews School as well as training for clergy of the Cyangugu Diocese. We've held fundraising events for this work – the next one is a coffee morning on Saturday, 27 October – check the parish website/news sheet for location and time.

[www.lbmt.org.uk](http://www.lbmt.org.uk)

**Agapé** helps people encounter God's unconditional love, focussing on students at university, workplaces and families. Agapé offer training and resources to help people grow in their faith. Our partner there, Peter Whitfield, has made great advances with their IT, enabling them to launch new and innovative projects, including apps. After 16 years, Peter is looking to move on. We intend to keep supporting Agapé's work with a new contact.



[agape.org.uk](http://agape.org.uk)



## Work completed

### Crosslinks in Togo

Our contacts Gad and Liz Numardi worked since 1990 for Crosslinks, sharing faith with children and adults in Togo and training people to continue the work. They have now returned to the UK. We will continue to pray for them and the church in Togo.

### Laos

Our partners Elizabeth and Neil achieved much during their time in Laos, albeit covertly. They ran a pig farm and bred fish but also managed to evangelise to families there despite opposition from the villages, but there have been signs of interest in following Christ from some local teenagers, and also some baptisms.

**With the completion of these 2 projects, we are starting, with prayer, the process of finding a family with work to support – possibly in Japan.**

*Paul White  
Mission Action Group Chairman*

# The First World War: 100 years later

The Reverend Mark Brown reflects on this centenary event, marked across our country by whole communities, with Parish churches in particular having a role to play.



My first questioner at a national Christian gathering in north London called “Celebration” was an elderly gentleman who had lost relatives in the war that saw 8 million lives lost worldwide: “What about them – they were not celebrating?” The question remains: “what about those who suffer?”

Praying through four years of conflict, the church offered hope in the face of such horrors. Army chaplain “Woodbine Willie” or Geoffrey Studdert Kennedy (1883-1929) said there were no words foul and filthy enough to describe war. Described by the then Archbishop of Canterbury as a true prophet, he influenced an entire generation by seeing God in the face of suffering and in putting forward a Christian view of pacifism. His work continues through current Christian leaders with a developed social conscience who lead in this way, such as Desmond Tutu and Jurgen Moltmann. From the furnace of trial and suffering emerged inspiration and hope for others where, even today, history is repeating itself. How can Christians respond? There was an active involvement that faced evil and suffering, so learning was gained that has been passed on to others. The question still remains - “Why?” - but asking it does not cause us to lose our belief in God’s ultimate goodness.



750,000 British soldiers and 250,000 Commonwealth soldiers died in the First World War. Church-going in England was far higher than now but there was clear and decisive lead by the established church for and on behalf of the nations, supported by the government, to hold a National Mission of Repentance and Hope during the nation's grief. Each Bishop, each diocese, each church played its part. After such grief and suffering, surely there could be only one response: to seek God's will with repentance and hope.

I sometimes wonder if the current church was clearer about holding out its central message of salvation, healing and hope through Christ, rather than its current round of debates and questions, whether our watching world would take more notice of us?

21 years later the whole world was in conflict again. The confessing church faced another form of evil in Germany's Third Reich. Restoration seemed only partial. The church during wartime was praying like it never had before and it sought restoration from the nation by leading it by repentance and hope. It is worth reflecting how the present church connects with the wider nation and influences the corridors of power. Evil prospers when good people do nothing.

In the cause of restoration the church led the way for the sake of the whole country. Musicians and composers helped re-ignite hope and optimism too. In “The Planets”, written after the first world war, Holst

Tributes in Trafalgar Square



wanted to provide a piece of music that was not fatalistic like astrology – it is all in the stars – but one that brought hope and connected with the English spirit of homeland and country. Perhaps Mars, the bringer of war, is not the best to start with but Jupiter, the bringer of joy, provides with its music an atmosphere of hope and optimism for a people who need to restore what has been lost.

Greater love has no man than this, that he lay down his life for his friends (John 15:13). Words of Jesus who enacted them out fully with his war on our behalf against human sin and evil, with his victory over the cross.

*The Rev'd. Mark Brown*





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## The Red Cross – a member's recollections

**Sylvia Canning, with long service in the Tonbridge Red Cross, was moved by her friend and fellow member Jean Gibson's funeral to reflect on the work of the organisation.**

The Red Cross was suggested by a Swiss businessman Henry Dunant in 1863. After seeing how casualties were treated during the Battle of Solferino (1859), he decided there should be an organisation that would help everyone whatever their religion or nationality and so the Red Cross was formed in 1863 and has as its flag a red cross on a white background (being the inverse of the Swiss flag of white cross on red). In some non-Christian countries, the cross

was objected to, and so the equivalent Red Crescent movement was formed. The British Red Cross Society was founded in 1870.



The movement spread throughout the world, and in Britain most towns had their own Red Cross centres, where members of the public could learn basic first aid and home nursing, and borrow home nursing equipment, and where they could call on members for help e.g. if they were organising a local fete or outdoor activity where there might be minor injuries.



Locally, we used to meet one evening a week when we had lecturers – some of whom were qualified doctors and nurses who had experience of how to apply slings and bandages correctly, how to deal with a person who had collapsed and stopped breathing, and so on. We also practised artificial resuscitation on a dummy (fortunately, on my watch, we never needed to do this on a member of the public!). We were also taught how to recognise a serious injury that would need to be seen in hospital. I spent many hours on duty with Jean and her sister Kathleen, and other members ready to treat any minor injury – usually not too serious, mainly grazes and insect bites.



One of our local doctors in Tonbridge told us a story about a doctors' annual dinner where a large number of surgeons were present. During the meal there was a lot of chat and laughter and in their midst was a doctor choking on a piece of meat, but all around there was so much noise that this person nearly died choking. The doctor's advice to us was, if you are out for a meal, and there is a lot of noise and laughter, and you are choking, put your hand up and somebody might realise you are choking and not laughing. So thank you doctor for that very wise advice!

*St Saviour's old mission hall in Elm Lane, used for many years by the Red Cross, now private flats*

It was a privilege to know Jean and Kathleen. They were both dedicated members. Rest in peace, dear friends.

*Sylvia Canning*



## 1918 to 2018 – 100 Years of Women and the Vote in Tonbridge

In the summer of 1913, the National Union of Women's Suffrage Societies (the non-militant wing of the Suffrage Movement) organised a 50,000-strong mass march of women to London, a reminder that the women's suffrage movement had a much larger non-militant wing. The Kentish marchers followed the traditional Pilgrim's Way, combining in Tonbridge on July 21st for the march to London.



Muriel Matters.

The speakers at the Tonbridge rally were Miss Muriel Matters (shown on the left) and Miss Griffith Jones (NUWSS organiser for Kent). A speech, delivered at the Angel Corner (the junction of High Street and Vale Road), aroused such considerable male indignation that police protection had to be sought.

Muriel Matters was an Australian former actress who, before joining the NUWSS, was imprisoned for chaining herself to the grille behind which lady visitors to the House of Commons had to sit at that time. She later flew over the House of Commons in a small airship bearing the words 'Votes for Women', throwing out handbills during the opening of parliament.



Suffragette march through Tonbridge High Street in 1913, image courtesy Tonbridge Historical Society

Both the NUWSS and the WSPU agreed to suspend their political agitation when war began in 1914.

In Tonbridge, Quarry Hill House was used as an auxiliary hospital. Between October 1914 and February 1919, some sixty or more of the town's women volunteered to work at this VAD Hospital in various roles, including nursing.

Miss Margaret Waite, born 1894 in Tonbridge, was one of three nurses (First Aid Nursing Yeomanry Corps) honoured by the Belgian king for their bravery under shell fire whilst rescuing wounded men from the frontline trenches near Oostkerke in April 1915. In 2017 Hillview School for Girls honoured Margaret and others in a special Women in War display



Quarry Hill House  
Courtesy Tonbridge Historical Society

Women stepped into new roles to replace about 3,000 local men that had enlisted, such as Tonbridge's post office taking on temporary male and female staff. Reportedly there was uproar when deliveries were cut to five a day! Women's contribution to the war effort is often seen as influential in the progress towards women's suffrage.

The Representation of the People Act 1918 abolished practically all property qualifications for men and gave a vote to 8.4 million women. These women formed 43% of the new 1918 electorate: those over 30 years of age who were registered property occupiers (or married to a registered property occupier) of land or buildings with a rateable value greater than £5 (the majority of dwellings at the time). Female students in a University constituency could also vote.

The Parliament (Qualification of Women) Act 1918 was passed in November 1918, allowing women to be elected to Parliament for the first time at the December 1918 general election. Only one of the sixteen female candidates, Constance Markievicz, won but she followed the Sinn Féin party's abstentionist policy and did not take her seat at Westminster. The first woman to take her seat in the House of Commons was Nancy Astor on 1st December 1919. The first woman to stand for election in Tonbridge was Constance Elizabeth M. Borrett, who stood for Labour in the 1931 General Election and came second with 21% of the vote. Tonbridge has yet to return a female MP to Parliament.

*Morwenna Fernandez*

*Look out for 'Deeds and Words', a three day festival on women's impact, with inspiring speakers, at EMForster theatre in October. [www.deedsandwordstonbridge.com](http://www.deedsandwordstonbridge.com)*

2008  
— 2018

## 10<sup>th</sup> ANIVERSARY of MEDICAL DETECTION DOGS

What is the connection between Medical detection dogs and Massachusetts Institute of Technology? Read on to find out the answer later.

Most of us know the value of Guide dogs for the blind or Hearing dogs for the deaf, but now the amazing power of a dog's nose to detect human diseases has been recognised. From small beginnings in 2008, in a small leaking building in Westcott, the charity now has a new, purpose-built research and training facility that opened this year at Great Horwood.



In 2014, HRH The Duchess of Cornwall became the patron and on the 10<sup>th</sup> anniversary, in June this year, at the request of HM Queen Elizabeth II, dogs and their trainers were taken to Buckingham Palace to demonstrate how dogs work and see how they are trained to detect disease and alert owners with dangerous threatening health conditions before it is too late.

A dog's nose is so sensitive that it can detect tiny odour concentrations of around 1 part per trillion. That is equivalent to 1 teaspoon of sugar in 2 Olympic-size swimming pools. There are two ways in which dogs are used.

### Bio-detection Dogs

These dogs are used to detect disease. The N.H.S. has used dogs in a study to detect urological cancers, breast cancers and colorectal cancer. In the short term cancer detecting dogs could provide additional testing for cancers that are difficult to diagnose reliably.

Research is being carried out into the sensitivity of a dog's nose in order to develop electronic systems, e-noses, that will assist in the early detection of cancer through cheap non-invasive tests.



### Medical Alert Assistance dogs

These dogs are trained to help people with life-threatening health conditions, giving them greater independence and saving lives on a daily basis. They are taught to identify odour changes. Currently the majority of dogs work with people with diabetes. Some work with people with dangerous health conditions including Addison's crisis, which causes severe pain, convulsions and unconsciousness, which leads to collapse and hospitalisation, and severe allergic responses.

A 2 year study has been underway at Manchester University into early detection of Parkinson's.

In 2015 the 1<sup>st</sup> international Bio Detection Conference was held at Cambridge University.

Massachusetts Institute of Technology is working to replicate a dog's nose to produce e-noses for early detection through cheap non-invasive tests.

*Jean Bowring*



## The Space Age and the Space Race

### **History changed on October 4, 1957... George Gilbert Smith, Maths Tutor and Astronomer, lived through it.**

As a youngster living in the US in 1952, I read an article in a magazine which said it was hoped America would have a human on the Moon within 50 years, possibly within 40 years. Yet only 17 years later Neil Armstrong was saying, as he planted his foot on the lunar surface, "One small step for man, one giant leap for mankind". What prompted such a massive acceleration of America's space programme, and how was it achieved?



Sputnik 1

On 4 October 1957 the whole world was surprised and shocked by Russia's launch of the world's first artificial satellite, Sputnik 1. Surprised because, whereas the US was open about its plan to launch the world's first satellites early in 1958, the Kremlin made no advance announcement of its intentions, and beat America to it. And shocked because Sputnik's weight of over 80 kilograms far surpassed that of the impending US Explorers' 14-25 kilograms. When Russia soon launched Sputnik 2 (over 500 kg) and Sputnik 3 (over 4500 kg), fear spread that the West could easily be bombarded by a nuclear attack from space. The launch of Sputnik 1 coincided with a pandemic

of Asian Flu. I was in bed with flu at the time and, a teenager with a keen interest in astronomy, I followed the news with rapt attention and heard the first radio signals broadcast from space. As soon as I was better, I was, like millions of others, outside every clear evening watching Sputnik pass overhead. Later I was excited when an American friend of mine, Perry Klein, while still a teenager and an amateur, managed to bounce radio signals from his home in Washington DC to a friend in Pennsylvania off the ionised trail left by a satellite, before the professionals had managed to do so.

Sputnik 2, launched a month after Sputnik 1, caused a different kind of sensation. It contained a passenger, the dog Laika. The plan was that Laika should be able to assess the effects on a living creature of medium-term weightlessness and space radiation. Many westerners naively assumed that, as part of the plan, Laika would be safely returned to earth. We were appalled when the Russians announced, a week later, that Laika had been poisoned with her last mouthful of food, and howls of protest were hurled at Russia. This reaction took the Kremlin utterly by surprise! It was forty years before the Russians announced the whole truth, that Laika had suffocated or been overcome by heat only a few hours after launch, and that her mission was therefore a failure. Maybe it'd have been better if they had said this in the first place. But during the Cold War neither side, especially the Russians, liked to own up to failure.

The launch of Sputnik 1 marked the beginning of the Space Age, and the space race was immediately under way. The Americans were clearly behind. Could they possibly catch up?

To be continued...



Sputnik 2 and Laika

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How many Paddington Bear books can you find by looking at the pictures and solving the jumbled letters' clues?

Answers p15.



1 Paddington

\_\_\_\_\_  
\_\_\_\_\_  
t t a h e w t o r e  
\_\_\_\_\_  
\_\_\_\_\_

2 Paddington

\_\_\_\_\_  
\_\_\_\_\_  
g f g o o e l s d r o  
\_\_\_\_\_

3 Paddington

\_\_\_\_\_  
\_\_\_\_\_  
t l s s i a s e  
\_\_\_\_\_



4 Paddington

\_\_\_\_\_  
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a z t t o h o e  
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5 Paddington

\_\_\_\_\_  
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L d o o n n i n  
\_\_\_\_\_



6 Paddington Bear and the

\_\_\_\_\_  
\_\_\_\_\_  
C S h u r r p s i e t m r i s a s  
\_\_\_\_\_



7 Paddington

\_\_\_\_\_  
\_\_\_\_\_  
h c a e b t a h e t  
\_\_\_\_\_







**Find these words about Autumn in the Wordsearch**

**RAKE, SCARECROW, BROWN, YELLOW, SQUIRREL, LEAVES, APPLE, RED, BONFIRE, PEAR, ORANGE, ACORN, HARVEST, ORANGE**

N	S	S	R	A	A	A	R	S	A	P	E	W	A
S	S	A	W	W	O	N	O	R	E	K	R	O	W
Q	E	V	P	B	O	E	O	E	A	L	B	A	E
U	V	O	E	P	W	R	A	A	R	C	P	R	P
I	A	E	A	V	W	Y	C	E	H	E	O	P	E
R	E	B	R	F	V	R	R	E	E	V	A	R	A
R	L	O	A	O	N	B	B	A	R	Y	A	T	N
E	G	R	Y	E	L	L	O	W	K	A	R	D	P
L	H	A	R	V	E	S	T	W	P	E	C	L	E
O	R	A	N	G	E	I	R	E	Y	A	A	S	U
O	H	B	N	P	R	E	D	R	R	O	T	F	W
B	O	N	F	I	R	E	E	Y	B	R	O	W	N
E	E	O	E	V	R	A	P	P	L	E	I	L	O
H	C	B	R	R	B	R	R	D	E	E	C	R	N



Page 14 Answers

1. Paddington at the tower  
2. Paddington goes for gold  
3. Paddington sets sail  
4. Paddington at the zoo  
5. Paddington in London  
6. Paddington Bear and the Christmas Surprise  
7. Paddington at the beach



### Local schoolgirl reaches finals of BBC Radio 2's 500 words competition

Francesca Wade was recently awarded Bronze in the 5-9 yrs category of BBC Radio 2's 500 words competition. Francesca is a pupil at Tonbridge's Hilden Oaks School and attends St Peter and St Paul church with her family.

Her story 'Agent Ramsbottom & the Mysterious Fish and Chips' is a humorous tale set in a time when babies are in charge, and have put strict healthy eating laws in place to help combat an obesity epidemic.

Francesca's story was one of only six chosen from over 134,000 entries. In the story, Agent Ramsbottom faces a giant fatberg which was inspired by a Blue Peter feature about London's sewers.

The Bronze award was presented to Francesca by comedian Dara O'Briain, who also read out her story, "just perfectly". After receiving her prize (which included receiving her height in books) Francesca joined the other winners on a drive around Hampton Court grounds in 'Chitty Chitty Bang Bang' with Chris Evans and the Duchess of Cornwall.

The winners then sailed up the River Thames on the Royal Row Barge, Gloriana, and spent time chatting to the judges and celebrity readers from the competition including David Walliams, Francesca Simon, Malory Blackman, Frank Cottrell Boyce, Charlie Higson, Jason Isaacs, Shobna Gulati, Amanda Abbington, and Jim Broadbent.

Since winning the award, Francesca was hosted by Thames Water on a visit to the final remains of the Whitechapel Fatberg at The Museum of London, because they were so delighted that her story had raised awareness of this environmental issue.



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We asked Francesca a few questions:

How did it feel to receive your prize?

**It was just amazing! I couldn't believe it when I heard my name read out: I was speechless!**

Do you have any more stories in the pipeline?

**I think that Agent Ramsbottom could go on more adventures as there were lots of ideas that I had to cut out of the 500 words story – like his car that runs on dirty nappies!**

Which stories/authors do you enjoy?

**I love reading stories that make me laugh such as the 13 Storey Treehouse series by Andy Griffiths, or books by David Walliams. I also love JK Rowling and the Hobbit by JR Tolkien!**

What do you want to be when you grow up?

**I'm not sure; I keep changing my mind, but I'm thinking about being a journalist, or an architect.**

What will be on your Christmas list this year?

**I love surprises so I don't really mind.**

Francesca, who just celebrated her 8<sup>th</sup> birthday, also attends Brownies at P&P on Monday nights, and is a regular attendee of the church's Summer Holiday Club activities. The full story can be found on the 500 words page of the BBC Radio 2 website.

Natasha Stille



## NGS View from the Potting Shed



One of the joys of gardening is seeing and learning what others have done in their gardens and the sizzling summer we have just had has given us plenty of opportunities to visit local gardens. Autumn tints will now be upon us and although garden visiting is not as popular in the autumn there are still many gardens open, particularly under the National Garden Scheme (NGS).

Like many people, I had heard of the NGS where enthusiastic individuals, groups and major garden organization open their gardens to the public on nominated days with the proceeds from these events going to charities. What I did not know, however, was the origins of this scheme and what an interesting history it has. In 1859

a Liverpool merchant called William Rathbone employed a nurse to care for his sick wife and upon her death he kept the nurse on to help the poor in the neighbourhood. He later expanded the training and employment of nurses to care for the deprived of the city.



In 1926 Miss Elsie Wagg suggested that a fitting memorial to Queen Alexandra, who had recently died, was to open private gardens with the entry fee going towards the training of nurses under the Institute of District Nursing and supporting them upon their retirement. Hence in 1927 the NGS was born with 609 gardens participating at "a shilling a head" raising over £8000 in its first year.

After the Second World War the NHS was formed in 1948 and took over the running of the District Nursing Service but funds were still needed for nurse training and looking after retired nurses, and the NGS continued to support these activities. The NGS also offered funding to the National Trust to restore and preserve important gardens and in return the National Trust opened many of its prestigious gardens to the NGS to provide continued funding, and this co-operation still continues.

Today around 3,700 gardens are open under the NGS,

ranging from small back gardens to stately homes, with many in the Tonbridge area open this autumn. What would be better than visiting their beautiful gardens, sharing their expertise (with many offering cake and tea) and knowing your entry fee is going to a good cause? The main charities currently benefiting from the NGS are:- The Queen's Nursing Institute, Macmillan Cancer Support, Marie Curie, Carers Trust, Hospice UK, Perennial, Parkinson's UK plus other guest charities. In 2017, the scheme's 90th anniversary, NGS donated £3 million to these worthy causes.

For full details of gardens open this autumn in our area please visit their website [www.ngs.org.uk](http://www.ngs.org.uk) and if you cannot visit in the next few months why not make a note to visit in Spring/Summer 2019?

*Arthur Mow*

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## Walking back to health: Carolyn King

Last autumn and winter you were very low with long term health and digestive problems.

*I was in and out of hospital, and housebound. I felt isolated, tired and depressed.*

What gave you the idea of getting out?

*I was referred to a dietician who said I needed 30 minutes daily exercise. I had been walking round the block, but that wasn't far enough nor inspiring. I remembered how I used to go to Longmead when I did the Walk for Life and headed back there.*

Was it hard to start?

*It was cold; the place looked huge and I felt tired, but I prayed and words came to me like "just one foot in front of the other.." and "tiny acorns grow into great oaks"!*

What benefits did you feel?

*The birds, sheep, excited dogs... the range of things going on like football, cricket, outdoor keep fit, runners... encouragement from other walkers (one lady loaned me her gloves and scarf)... sometimes friends have joined me. All this lifted my spirits.*

Did it take long to start to feel better?

*After 2 months I had more energy and appetite. I could manage the whole circuit at a better pace.*

Were there any setbacks?

*Snow, and excessive heat. But I know these things are temporary and I will get back.*

Do you have any advice to anyone else feeling isolated and low/unwell?

*Get into the fresh air! Try Longmead; it is nicely kept, it's friendly and you can park for free!*



## 'This girl can' and will. Breaking barriers for women in sport.

The nationwide campaign 'This girl can' has given 1.6 million women access to sport in a safe and inclusive environment, since its launch in 2015 ( Sport England).

In Tonbridge we have been fortunate to have had a variety of sports running as a result of this campaign, from self-defence classes to swimming and running, for all abilities and ages. It's empowering to see women supporting and strengthening each other and gaining confidence and strength, which is sometimes not seen in mixed or competitive sport environments. Not only is the barrier of self-esteem and image overcome by this campaign but cost is also. Some of the activities are free (running) or have a small cost involved (swimming) which makes accessing sports more affordable for all. Tonbridge pool also offer discounted swims for expectant and new Mothers, who often overlook their own wellbeing.

Female Groups in Tonbridge:

**Here come the Girls** running group meet Monday & Wednesday 9.30am by Tonbridge Swimming pool entrance.

**This girl can swim.** A female only swimming lane from 8-10pm on a Thursday at Tonbridge Swimming Pool. No female self-defence class is currently running at the Angel Centre but it is possible the instructor will run more in the future if there is more interest. For her other classes see: [www.lizeldridgefitness.com](http://www.lizeldridgefitness.com).

Charli Stockdale





### DORSET APPLE CAKE

4oz butter, cubed  
6oz SR flour  
4oz sugar  
4oz dried fruit  
2 crisp eating apples, peeled & chopped  
1 medium egg, beaten  
1-2 tablespoons milk  
2 tablespoons sugar crystals/demerara

Preheat oven to gas 6/200c or 180c fan.  
Grease and baseline a 7" square tin.  
Blend butter and flour in food processor.  
Add remaining ingredients with enough milk to  
make soft dropping consistency – do not over  
process.

Spoon into tin and smooth surface.  
Sprinkle with sugar crystals or demerara.  
Bake 40 mins or until golden brown and firm.  
Cool on rack and cut into squares.

## What's On?

### September

Sun 2	Sevenoaks and Tonbridge Concert Band at Tonbridge Castle. (Check TMBC site for time)
Sat & Sun 8-9	Medieval Fair and Heritage Weekend, various locations including Tonbridge Castle, TMBC booklet lists all local events
Fri-Sun 7-9	A celebration of art, flowers and creativity for Heritage weekend at St Peter & St Paul, 10-4 (11-4 on Sunday)
Sun 9	Dragon boat races in Tonbridge - check TMBC for times

### Baptisms

1st July	Ezra James Allen Page
8th July	Jacob Lee Littlechild-Williams
8th July	Finn-Lee Dean Sherwood

### Weddings

19th May	Ben Thomas John Valentine Fox & Leane Louise Hewlett
28th Jun	Samuel George Shoebridge & Frances Amelia Clarke
29th Jun	Liam John Whiddett & Jennifer Claire Parrott
4th Aug	Justin Octavian Predescu & Annie May Trumper

### Deaths

10th Apr	Joyce Edith Acaster
21st May	Nellie Rose Newman
22nd May	Malcolm Frederick Harwood Vernon
19th Jun	Reginald Arthur Cackett
23rd Jun	Christina Margaret Lawrence
25th Jun	Christopher Pugh
14th Jul	Jean Sarah Fowler

### October

Mon-Fri 1-5	Experience a Journey with Jesus; story trail for schools and groups-look out for hours of opening to the public at St Peter & St Paul
Sun 7	Harvest Festival-see back cover
Sun 7	Tonbridge Half Marathon 10am <a href="http://www.tonbridgehalfmarathon.co.uk">www.tonbridgehalfmarathon.co.uk</a>
Sat 20	Tonbridge Music Club: Chineke! Chamber Ensemble with Chi-chi Nwanoku OBE 7.30pm St Peter & St Paul Tickets £20 at the door or for membership see <a href="http://www.tmc.org.uk">www.tmc.org.uk</a>
Sat 27	Bishop Ken from Lawrence Barham Trust (see MAG page) visits. Coffee morning 10.30am—check website for location
Sat 27	Quiz Night at St Philip's church. Booking and details: <a href="mailto:saintphilips@tonbridgeparishchurch.org.uk">saintphilips@tonbridgeparishchurch.org.uk</a> 01732 3524216

### November

Sun 4	Time to Remember, Time to Give Thanks; service of remembrance for those who have lost loved ones. 3pm St Peter & St Paul
Sat 17	90s Night at St Philip's church. Check <a href="http://tonbridgeparish.org">tonbridgeparish.org</a> website for times and booking. Save the date for a great night.
Sat 24	Tonbridge Philharmonic: Britten's War Requiem, Tonbridge School Chapel £16/£15 <a href="http://www.tonphil.org.uk/tickets">www.tonphil.org.uk/tickets</a>
Sun 25	Tonbridge Christmas Festival



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Daily	Coffee Lounge 10am to 12pm Monday to Saturday		
Monday	Merry Makers: needlecraft and quiet time 10am, Upper Lounge  Prayer for young people 9.30am main church  Rainbows, Brownies, Guides, Seniors	Men’s Forum 8pm fortnightly. For more info contact Ray Tanner on 01732 351422	Coffee Break 10.30 - 11.30am  Keep Fit 5.30pm
Tuesday	Teddies For pre-school children and their carers, 9.30am, Upper Lounge (term time)  Beavers at Ridgeway	Stretch, Tone & Relax Class 1pm  Grapevine Drink, chat and activities. 2.15pm to 4.15pm  Brownies	
Wednesday	Holy Communion 10am  Tiny Acorns under-1s 10.30am -12pm, Upper Lounge Cubs at Ridgeway	Tots and Co. For toddlers and their carers, 1.15pm - 2.45pm (term time)  Open Prayer 8 - 9pm First Wednesday of month	
Thursday	Stepping Stones (term time) Bible Study, crèche available 10am Knitting & Natter, 2nd Thursday monthly, 10am - 12pm.  Afternoon Workshop (crafts) 1.30pm Upper Lounge  1st Tonbridge Guides		
Friday	Rummikub Players 10.00am -12.30pm, Upper Lounge.  Bell Ringers at Parish Church 7.45pm  Scouts at Ridgeway	Women’s Fellowship 7.30pm - 9.30pm, 2nd and 4th Friday of the month	
Saturday	Parish Prayer, 9am Lower Lounge  Coffee Lounge 10am - 12pm  Open Church 10am - 4pm	Connect (Age 10 - 13)  Refresh (14 - 18) from 5.30pm fortnightly	

For more details, please contact the Church Office 01732 770962.  
 Some groups do not meet during school holidays. Check our website [tonbridgeparishchurch.org.uk](http://tonbridgeparishchurch.org.uk)



## St Peter & St Paul Church Lane, TN9 1HD

Sundays:  
8am Holy Communion (1st and 3rd Sundays of month)  
10am Morning Service (with Holy Communion on 4th Sundays) and Sunday Club for ages 4-11 each week in term time  
6.30pm Evening Service  
Wednesdays:  
10am Holy Communion

## St Philip Salisbury Road, TN10 4PA

Sundays:  
9am Holy Communion (1st Sunday of month)  
10.30am Morning Service (with Holy Communion on 3rd Sundays) and Sunday Club each week in term time

## St Andrew Hadlow Road, TN10 4LS

Sundays:  
10am Morning Service (with Holy Communion on 2nd Sunday of month)

## St Saviour Dry Hill Park Crescent, TN10 3BJ

Sundays:  
8am Holy Communion (2nd, 4th, 5th Sundays of month)  
10am Morning Service (with Holy Communion on 1st Sunday and informal service on 3rd Sunday)

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<b>Curate</b> The Rev'd Wendy Carr	<b>355200</b>
<b>Churchwardens</b> Mike Seaman Sara Thomson	<b>07793 369735</b> <b>01732 356430</b>
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# Sunday 7<sup>th</sup> October

## Join us for Harvest Festival!



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Welcome to our Harvest Festival Services, 7th October, at:

10:00 St Andrew, Hadlow Road TN10 4LS

10:00 St Peter & St Paul (all-age service), Church Lane TN9 1HD

10:00 St Saviour, Dry Hill Park Crescent TN10 3BJ

10:30 St Philip (all-age service), Salisbury Road TN10 4PA



St Peter & St Paul • St Philip • St Andrew • St Saviour