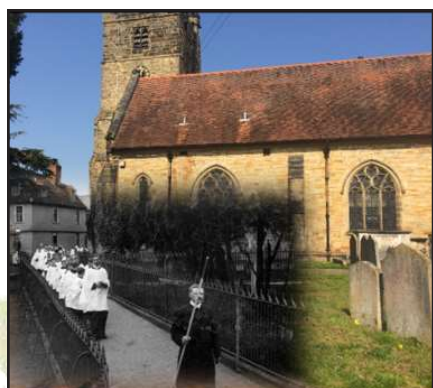


St Peter & St Paul • St Philip • St Andrew • St Saviour

# perspectives

**Issue 44 - Summer 2019**

Suggested Donation £1



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If you have any comments or questions, would like to make any contribution to the next edition of Perspectives or would like to receive this magazine on a quarterly basis please contact the editorial team via:

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Dear Friends,

**Everyone needs this. Most people take it for granted, and only notice it when it is gone.**

I could be referring to water or any number of day to day necessities, but I am in fact referring to **community**.



Lack of community, loneliness, is still the number one difficulty facing people of all ages and stages of life. The isolated child at school, the single parent struggling to ask for help, the stressed person at work struggling to give at home, those who have lost loved ones, those who have lost strength through age or disability. Life's circumstances seem cruel and the symptoms of the associated loneliness can in some cases mean the situation gets worse.

God's answer is one word. Community! We are all meant to be there for each other even with diverse opinions. Our community of Tonbridge has many communities within it, some actively looking to offer companionship and hospitality to those who might need it. The old adage is so true: to find a friend, be a friend. We might never know how much we will be blessed ourselves, when we extend a warm invitation to our community to others. At some stage, we too will be recipients of others' love and warmth.

I trust you enjoy reading about the activities of our town and church, and find within the four walls of the Church and her members warmth, welcome and community.

Yours in Christ's never failing love

**The Rev'd Canon Mark Brown**  
Vicar of Tonbridge



St Peter & St Paul • St Philip • St Andrew • St Saviour

The logo found on the front cover represents the four churches worshipping and working together.



# SUMMER IN TONBRIDGE



Needing FREE or INEXPENSIVE ideas  
for children and families?

Charli Stockdale has lots of options  
for a memorable summer.

Our personal family summer favourite in Tonbridge is the Parish Church **holiday club**, where children have a good time with crafts, games, stories and songs, as well as tea & cake for adults. Our free favourites include **Tonbridge Calling**, a live music festival, which has also some amazing vegan and varied food stalls, activities at **Haysden park** and the lovely **music concerts** at the Castle on Sunday afternoons - which are great for a picnic.

## Here is what's on this Summer:

### June

**16th:** Tonbridge Lions summer carnival. The procession starts at 12.30 from Avenue Du Puy, going along the High Street and finishing at the Castle where there will be a fete on the Castle Lawn.

### July

**5th - 7th:** Tonbridge Music weekend on the Castle Lawn. Tickets: [tonbridgemusicweekend.com](http://tonbridgemusicweekend.com)

**11th:** Changeling Theatre production of *The Winter's Tale* on the Castle Lawn. [changeling-theatre.com/tickets](http://changeling-theatre.com/tickets)

**14th:** Tonbridge Lions Car Tour at Upper Castle field car park. Cars depart at 9.30 am and return at 4pm. See [lionscartours.co.uk](http://lionscartours.co.uk) for details.

**14th:** Sunday Funday - see page 24.

**14th:** Jon Hamilton Big Band on the Castle Lawn, 3-5pm, free, donations welcome.

**19th-21st:** Luna cinema on the Castle Lawn. *Harry Potter and the Philosopher's Stone* will be shown on the 19th. Tickets: [thelunacinema.com/events/tonbridgecastle](http://thelunacinema.com/events/tonbridgecastle).

**19th July -11th August:** *Big Butterfly Count* - collect a form from the Haysden park notice board and tick what butterflies you can see around the park.

**24th-26th:** Tonbridge Parish Church holiday club - see page 19.

**24th -26th:** A family favourite *We're going on a Bear Hunt* at the E M Forster theatre. [www.emftheatre.com](http://www.emftheatre.com).

**27th:** Wildlife activity day at Haysden Country park, 10-3pm. Free activities including pond-dipping, flower pressing, arts and crafts and bush craft. No booking needed.

**28th:** *Second Wind* jazz band at Tonbridge Castle, 3-5pm.

**29th:** Mini-beast safari at Haysden park at 10am. £3 for over 5's only. Tickets: [www.eventbrite.co.uk](http://www.eventbrite.co.uk)

### August

**4th:** Illyria, *Frankenstein* production on the Castle lawn. For information and tickets see: [www.ticketsource.co.uk](http://www.ticketsource.co.uk).

**8th & 20th:** Pond-dipping at Haysden country park, 10am, £4 per child. Tickets: [www.eventbrite.co.uk](http://www.eventbrite.co.uk).

**9-10th:** Theatrix Art's children's performance and workshop at Tonbridge Castle. Details to be announced from TMBC.

**10th:** *Tonbridge Calling*, a free music festival at Tonbridge park. A day of live music with craft and refreshment stalls. From midday - 7.30pm. Line-up to be announced on [tonbridgecalling.uk](http://tonbridgecalling.uk).

**11th:** Invicta Jazz Orchestra on the Castle Lawn, 3-5pm.

**18th:** Sevenoaks and Tonbridge Concert Band on the Castle lawn, 3-5pm.

**25th:** East Grinstead concert band on the Castle Lawn, 3-5pm.

**27th:** Illyria, *The Tempest* on the Castle Lawn. Tickets and further info: [www.ticketsource.co.uk](http://www.ticketsource.co.uk).

### Useful Sources

Tonbridge libraries often run activities including the popular *Summer Reading Challenge*. Children read 6 books throughout the holiday to complete the challenge and collect stickers and rewards as they go along. Aimed at ages 4-11. This year's theme is 'Space Chase'. Sign up for free at a library from 13th July to take part. There are usually free activities on this day also.

[readingagency.org.uk/children/quick-guides/summer-reading-challenge](http://readingagency.org.uk/children/quick-guides/summer-reading-challenge)

Tonbridge & Malling children's centres offer a summer holiday activity programme, which has swimming at Tonbridge pool, falconry, magic shows, pantomimes and outdoor themed activities. Their event programme can be found by asking at one of the centres at the start of July or by looking on their Facebook page: [m.facebook.com/TMChildrensCentres](https://m.facebook.com/TMChildrensCentres).

The Angel Centre and Tonbridge swimming pool run holiday activities including multisports, inflatable fun and roller-disco as well as intensive swimming classes, [www.tmactive.co.uk](http://www.tmactive.co.uk)

Whatever you decide to do this summer -  
**enjoy it!**

**The only leader of his time to make such a dangerous voyage and return with all his crew, Shackleton was a merchant navy man and great team captain. We can all admire his skills...**

Shackleton had been on two abortive Antarctic expeditions, one with Scott (1902), and a second, commanding his own expedition (1908), when he was forced to turn back only 97 miles short of the South Pole. At the age of 40 he was determined to lead a party across the Antarctic and assembled

Perhaps the most amazing part of the survival was the one month journey Shackleton made with four crew in the James Caird lifeboat across 850 miles of the stormiest ocean in the world to South Georgia. Here, Shackleton climbed mountains with two others to reach the Norwegian Stromness Whaling Station on the other side of the island. From here he was



## Sir Ernest Shackleton

The Imperial  
Trans -  
Antarctic  
Expedition:  
1914-1916



a team of 28 naval officers, seamen, scientists and two surgeons. They sailed from England in August 1914, having received permission to "proceed" from First Lord of the Admiralty, Winston Churchill, as the cloud for World War I was overhead.

In October 1915, still half a continent away from their objective, Endurance was trapped and then crushed in the ice of the Weddell Sea before sinking. 1,200 miles from land, drifting on ice packs, Shackleton and his men survived the next five months on a diet of dogs, penguins and seals along with some food removed from the ship before she sank. They were forced to escape by pulling the ship's three lifeboats across the ice field. Eventually they reached the sea and sailed to Elephant Island, where a makeshift camp was made on a beach where they experienced furious storms, cold, hunger and enormous discomfort.

able to rescue all remaining members of the party from Elephant Island and the two from South Georgia (*picture above*).

Although Shackleton's mission failed, many explorers and historians since have realised just what a marvellous leader he was. The well-being of his crew first, his encouragement, loyalty and optimism, both given and expected, mark him out as a very special person.

"May the Lord help you to do your duty and guide you through all the dangers by land and sea. May you see the works of the Lord and all his wonders in the deep" - these appropriate words were written on the flyleaf of a Bible given to the expedition by Queen Alexandra.

*David Heyes*

Ernest was born in 1874 into a large Quaker family in County Kildare where the Bible was read at home in a strict, but not oppressive household. The family moved to Dublin and then to England, where Ernest went to Dulwich College. However he left school in order to join the merchant marine as a cabin boy. After four years of tough apprenticeship he began taking exams to advance to higher posts and by the age of twenty four, he had secured his master's certificate, qualifying him to serve as captain of any ship in the Merchant Navy.

Shackleton's years of difficult initiation to life at sea had made him more compassionate towards those he was leading who became ill, miserable or homesick.





# The Lawrence Barham Memorial Trust

## Rwanda, Uganda and Burundi

Operating in East Africa since 1985, the trust set up by Bishop Ken Barham supports the Anglican church and the Message of Revival.

Church Projects have included a cathedral, two income-generating guest houses, schools, colleges, a medical centre and houses for widows and orphans. The work of the Gospel is growing, and to train more pastors, the Trust has to provide accommodation, support and facilities - pastors in Rwanda are only supported by local donations.

Tonbridge parish has been actively fundraising, including a lunch in Battle and a coffee morning. Further events are planned to raise funds to help send clergy for degree qualifications, which are a Rwandan government requirement.

### What has been achieved?

- The total number of pastors' houses built increased from 17 to 20 at a cost of £17,000 each, which are now complete and fully funded.
- Several churches have had improved toilet and water supplies, enabling them to re-open.

### What is needed?

- *Jill Barham* and *St Matthew's* Schools, which started as day schools after the genocide, have responded to the need to become boarding schools to accommodate children from rural parishes. To cope with this need for an expansion in facilities, a government inspection of *St Matthew's School* indicated that there were three areas requiring attention: a dining room/kitchen (costing £33,000), a girls' dormitory with adequate showers and toilets (£37,300) (*photos below*) and a "smart classroom" (£36,600, but hoping for a grant for this).

- Funding for sending clergy for degree qualifications to comply with Rwandan government requirements.
- *Jill Barham School* needs a boys dormitory in order to achieve polytechnic status.

### Recent Updates:

Bishop Ken and his granddaughter flew to Rwanda in January for the official opening of the new Cyangugu Cathedral on 20<sup>th</sup> January attending the rededication of the old cathedral as a Bible School and the dedication of the new cathedral in its former name as the Cathedral of Christ the King, Cyangugu, as well as visiting St Matthew's School and the Peace Guest House where all 16 Bishops stayed in the Annexe.



In Nyamasheke, an important town in the northern part of Cyangugu, the Mayor made a request to the Head of St Matthew's to start a branch of the school there, where 100 children were able to attend. He rented some rooms from a Free Methodist centre to start the school. This new day school at Nyamasheke requires three classrooms for Nursery Level and six classrooms with toilets and offices for the primary school. These three Church schools will provide over 1,000 pupils with a good education and grounding in Bible Christianity. The Board of Education are pleased with progress so far.

### Good news:

A legacy has been received, just £10,000 short of covering all the buildings at Nyamasheke.



Photos: new buildings in Cyangugu - girls' dormitory and school dining room

**The work is ongoing, and our support and prayers are really appreciated.**

*Susan Knight  
(MAG representative) &  
Jane Mata*

As summer arrives, the sale of ice cream increases. But what do we know about the origins of this delicious confection, that was originally the preserve of rulers and the rich?



## Glacé, Glacé, Glacé

The history of ice cream, like the product itself, is frozen in the mist of time. Trying to defrost its true origin is almost impossible. Mention of flavoured cold drinks or desserts (sherbet & sorbet) made from ice or snow can be traced back to China in 200BC and Persia in 500BC. Hippocrates, in the 5<sup>th</sup> century BC, encouraged his patients in Ancient Greece to eat ice “as it livens the life juices and increases wellbeing”.

Popular belief is that the Italian Duchess Catherine de’ Medici introduced ice cream to the French court in 1533. Her retinue, when she married the Duke of Orléans (later Henry II of France), included an Italian chef. In turn, ice cream is believed to have been introduced into Italy by Marco Polo after his travels to the Orient. In England, Charles I was so impressed with “frozen snow” he offered a lifetime pension to his ice cream maker provided he kept the recipe secret. There is however no historical evidence to support these theories.

Ice cream like we know it today emerged in Mediterranean countries in the mid-18th century, but it was not until the 19<sup>th</sup> century that the general population of England could afford to enjoy it. Its popularity was put down to a Swiss immigrant Carlo Gatti who sold scoops of ice cream for one penny outside Charing Cross Station.



The 20<sup>th</sup> century saw vast improvements in almost every walk of life, including ice cream manufacturing and the development of refrigerators and freezers, which meant ice cream went from being a “treat” to an everyday item. The growth of supermarkets with their multitude of freezers led to an explosion in the variety of ice creams. No longer were we faced with plain vanilla blocks/bricks, tubs, cones, wafers or Choc ices.

Multinational companies began to dominate the market introducing raspberry ripple, strawberry, chocolate and mint, and today if you think of a flavour, it’s likely somebody is producing it. Numerous manufacturers now produce premium ice cream with Ben & Jerrys and Häagen-Dazs being major brands.

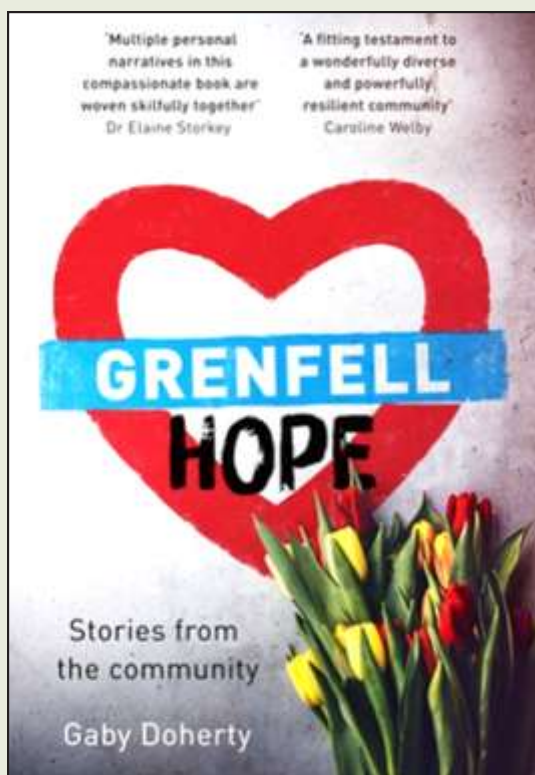


Ice cream is now manufactured with water, ice, milk fat, milk protein, sugar and air. Manufacturers still pay attention to weather forecasts to ensure that there are sufficient supplies in the areas where hot weather is forecast. Sales in the UK are now around 288 million litres valued at £900 million with Magnums being the brand leader followed by the 99 cone.

Although not as numerous as they were, Mr Whippy and Mr Softy ice cream vans can still be heard, their chimes of “Greensleeves” or even “Match of the Day” jingling around our streets. In Europe ice cream sellers are found on the beaches and the cry of “Glacé, Glacé, Glacé” can be heard on many a French beach.

*Barry Stagg*





## Grenfell Hope

Gaby Doherty

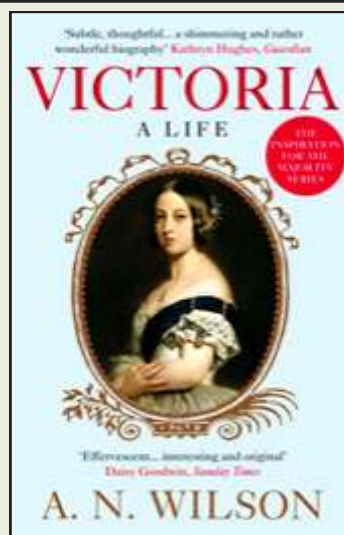
Gaby, her husband Sean (a Church of England minister) and their four children live in a flat just opposite the Grenfell Tower. As a couple they had committed themselves to serving in underprivileged inner-city areas.

The tragedy of the devastating fire at Grenfell Tower, which Gaby writes about in her book, was appalling. Over 150 homes were destroyed and there were more than 70 casualties. This terrible fire had far reaching consequences touching many lives. However, out of this mammoth disaster has emerged a multi-faith community united in their grief, a community working together to support and be alongside each other. Some of them have told of their own experiences in this book.

Gaby tells of how she and her husband were awoken and from their bedroom window could see Grenfell Tower block alight. She recalls the effect it has had on her own family and the difficulties of trying to explain to their youngest child, who has lost a close friend.

Gaby writes well about a multi-faith community who have pulled together and are working to restore hope and healing to this area of Kensington.

Sandra Wakefield



## VICTORIA

A.N. Wilson

The 200th anniversary of Queen Victoria's birth and Season 3 of ITV's visually stunning series Victoria will be over by the time we go to press. But why not start reading this book now and be ready for the next series!

Getting to the end of this book, you realise you've travelled with Victoria from the Georgian era to almost modern days - yet the book never feels long. With wry, waspish humour, A N Wilson teases out telling quotes from Victoria's letters and diaries. He gives some insight into her life's crises and mysteries, such as the "arch villain" Conroy, the stirrer and manipulator Lehzen, John Brown, and the evidence of genuine illness in her early widowhood.

Most of all Wilson draws on his vast knowledge of the politics and key players of the era, to cover wars, social change, foreign alliance (personal and political). The book's strength is the balance of the personal history and the bigger picture.

I would have liked more illustrations – sometimes Wilson refers to portraits that aren't included – possibly the hardback includes more.

To give the feel of Victoria's letters and diaries, here are some quotes from the book:  
Victoria on her grandson Wilhelm (the future Kaiser): "a distressing complexion"; her daughter Helena's children: "excessively plain ...cold upon cold and unbecoming stoutness"; Election defeat: "It seems to me a defect in our famed constitution...to have to part with an admirable Government like Lord Salisbury's.. merely on account of the number of votes."

A readable and informative book to go alongside the series!

Jane Mata



# TONBRIDGE MUSIC CLUB

TMC has been going for over 55 years, bringing great classical music, and some of the world's greatest musicians, to the town. It is a registered charity, run by a group of committed volunteers, who are all passionate about keeping classical music alive, making it available on the doorstep and a benefit to the local community.

It's been a pleasure to have concerts at St Peter & St Paul, a beautiful church, with a great acoustic that our performers all love, wonderful facilities and always a very warm welcome. That really helps - alongside hearing great music - we want our concerts to be enjoyable social occasions and for people to feel they have had a really valuable experience.

TMC puts on 5 main concerts a year and we've now introduced workshops, family concerts, and recently experimented with our first Coffee Concert, which was a great success. This featured the outstandingly talented young trumpeter Matilda Lloyd (winner of the brass section of the BBC Young Musician of the Year in 2014 and a local girl).

We try to make our programmes as interesting and diverse as possible, so there is something in there for everyone: our audiences range from the aficionado, to those that have a general love of music, to those that have never been to a classical music concert before.

This season we have had music from medieval to modern, from string quartet to brass ensemble, and some great events for younger people along the way e.g. a buzzy workshop with *Septura Brass* and an entertaining family concert with the *Maxwell String Quartet*.

Full details of programmes, artists and how to become a member or buy tickets for individual concerts are at [www.tmc.org.uk](http://www.tmc.org.uk). Under 18s and Students are free (but under 16s must be accompanied by an adult). Do come and join us - you're assured fantastic music-making and a very warm welcome.

*Dilys Benson (Artistic Director TMC)*



Photo: Mariam Batsashvili



Photo: Ensemble Bash



Photo: Consone

The 2019-2020 season will be very exciting too: 5 fabulous evening concerts, a fun afternoon family concert, in the pipeline our second Coffee Concert and a singing workshop for schools – *so watch this space!* Here's a flavour:

**12 October (Parish Church):** the **Consone period string quartet** play Schubert, Haydn, Boccherini and Schumann.

**30 November (Tonbridge School):** **tenor Luis Gomes**, winner of the Don Plácido Domingo Ferrer Prize of Zarzuela, presents a varied programme with renowned **pianist and broadcaster, Iain Burnside**.

**18 January (Parish Church):** **percussion group Ensemble Bash** – an afternoon family concert and full evening concert.

**29 February (Tonbridge School):** the dynamic **Aquinas Piano Trio** play Haydn, Schumann and Beethoven.

**9 May (Parish Church):** BBC Radio 3 New Generation Artist **Mariam Batsashvili** (solo piano) in a celebratory programme of Mozart, Liszt, Chopin, and Tchaikovsky's 'Nutcracker Suite'.

# St Peter & St Paul - A Church Through Time

In this article I have combined some old photos of Tonbridge with modern views to give a flavour of presence of the church in the town over time, a symbol of both continuity and change.



**The Parish Church** has stood at the heart of Tonbridge since at least the 11<sup>th</sup> century, a testament to continued faith, growing and changing through the years as the town and the world around it have altered. Whenever we visit the church, whether to mark a significant life event, to worship or simply to enjoy a quiet moment, we are following in the footsteps of countless others who have done so before us.

Visitors are welcome to come into the church from 10am to midday Monday to Saturday, when you can also enjoy refreshments in the coffee lounge.

In the view (*left*) the distinctive tower of the church rises above the end of Church Lane then as now. The tower originally ended just above the clock, but was extended in the 15<sup>th</sup> century. There is a visible difference in the stonework if you look carefully. On the north side of Church Lane there is one of Tonbridge's oldest residential buildings, the handsomely restored Tyger's Head, believed to date from around 1470.

In this picture (*below*) we look down the main aisle of the church towards the chancel, the oldest part of the building. It is believed that an even earlier Saxon church building may have been located here before the Norman structure.

In this photograph from around 1868 galleries upstairs on either side of the central nave can be seen providing additional seating for a growing congregation.

The enclosed box pews (right) provided a more comfortable space in which to sit, sheltered from draughts. They were removed in the late 1870s. At the very top of the picture it is possible to make out that the roof at this time was "reduced", giving it a flat surface, rather than the beautiful arched beams that we can see today.

High on the walls are diamond shaped hatchment panels bearing coats of arms, originally used by prominent families as a symbol of mourning in the 18<sup>th</sup> century. They can still be seen today.

To the right in the modern part of the picture you can see the organ in its existing position next to the chancel. Originally the organ stood at the west end of the church, behind the congregation, where the present gallery is.







Here (*left*) two groups, smartly dressed in Victorian clothing, approach the main door of the church. Note the elegant ladies bonnets and parasols and the men's top hats.

The metal railings demarcating the footpaths around the church can be clearly seen, as well as copious ivy growing on the walls of the church. Otherwise the view is very similar to today.

This picture (*right*) is intriguingly entitled "The choir, with Mr Corke leading". Again the enclosing railings are clearly visible.

Tonbridge Churchyard (*below*) is still a peaceful and pleasant oasis in a busy world (except for the days in summer when holiday club is in operation!), but we can now enjoy the majestic mature trees that were tiny saplings when this earlier photograph was taken.

In fact I was not able to take a picture from exactly the same angle, as the view of the church was completely obscured by vegetation! Note the older spelling of "Tunbridge" in the caption. Over time this was replaced by Tonbridge with an "o" to avoid confusion with our well-known neighbour Tunbridge Wells. In the 1890s Tonbridge Local Board formally adopted the 'o' spelling, though it was not until 1929 that the Southern Railway was finally persuaded to call the station 'Tonbridge'.



Morwenna Fernandez

Historical photographs used by kind permission of Tonbridge Historical Society:  
[www.tonbridgehistory.org.uk](http://www.tonbridgehistory.org.uk); [www.kentarchaeology.org](http://www.kentarchaeology.org); [tonbridgeparishchurch.org.uk](http://tonbridgeparishchurch.org.uk)



### FEAST at St Philip's

**FEAST (Families Eating And Sharing Together) is a Tonbridge based initiative that welcomes local children and their families to join us for healthy hot meals during the school holidays. Rising costs put pressure on families during this time, so we joined together and created FEAST.**

Please feel free to book if your family are on a low income, receive free school meals or are in receipt of any type of benefits. There is no catch, and we don't ask for proof of income.

We provide a meal and some arts and crafts all in a friendly atmosphere. We also have a free community larder that families are welcome to take from to support their own food shop.

This project originated with the Methodist church in Tonbridge whom Helen and I contacted when we first felt moved to offer help in this way. Feast began last summer, and we went along to help and observe. Since then Essie Andrews and Lee Athwal from FEAST have supported us with advice, help on the day and recipes. It is they who coordinate responses to the lunch invitation and who have developed links with schools in order to reach those families in need.

At St Philip's, our first meal was between Christmas and New Year, and we offered crafts, face painting and Father Christmas. We had 12 guests from 3 families.

In February half term we had 32 guests – 10 adults, 22 children in 9 families.

We offered 2 lunches in the Easter holidays, including an Easter egg hunt and some Easter related crafts. We may start to offer meal bags, containing a recipe and food ingredients, for guests to take away. We

have some wonderful volunteers who are praying, cooking or setting up and socialising with our guests, from across the 4 churches but we would welcome more, especially if the project continues into the summer holidays.

Feedback has been very encouraging. Guests were not aware that churches were offering this service. For some it was the only offer of help they have been given; some were intrigued that Sunday services actually took place in the St Philips main hall and we have had enquiries about the times of church services.

The overall impression was one of sheer joy to see so many contented faces and to know that a clear need, both physical (food) and social, was being met.

I believe most volunteers would say that the experience has been positive and that God has blessed them. I'm amazed by God's love and provision – how He can use a tiny grain of an idea, sparked by a news item on radio 4, and make it grow into such a harvest.



*Families at St Philip's; Half Term February 2019*

As we go to press, weekly FEAST lunches are planned at St Philip's for the summer holidays. Please see the parish website [www.tonbridgeparishchurch.org.uk](http://www.tonbridgeparishchurch.org.uk) or [feast.org.uk](http://feast.org.uk) for dates.

*Felicity Layton*



# Wisdom

## for an Anxious World

March 2019: Bishop David Atkinson, author of 'Renewing the Face of the Earth' and 'Hope Rediscovered' visited the parish and gave three memorable talks. He sums up his message for us here.



In 1989 Margaret Thatcher said at the UN: 'What we are now doing to the world, by degrading the land surfaces, by polluting the waters and by adding greenhouse gases to the air at an unprecedented rate – all this is new in the experience of the earth.'

Our world is more anxious, thirty years on, with growing inequalities, the urgent need for sustainable development, alongside worsening environmental degradation. What would it mean for all humanity – and the whole natural order – to flourish?

My grandparents did not share these concerns - nor did my parents: they were unaware that, for example, by burning fossil fuels or destroying rain forests, we are putting a blanket round the earth which is changing the climate. But we know: our generation has a responsibility to find healthy and healing responses. What sort of world will my grandchildren find when they are my age?

These concerns have moral and spiritual dimensions. When he was Environment Secretary in 2007, David Miliband said: 'Climate is not just an environmental or economic issue; it is a moral and ethical one.' How are we to let the voices of the poorest parts of the world, and the voices of future generations, be heard now? How are we to handle our uncertainties and fears in the face of a probable catastrophic crisis? Are we capable of the necessary cooperation, and unselfish restraint - at global and government, community and personal levels?

Last year I wrote a book called '*Hope Rediscovered: biblical wisdom for an anxious world*' (Ekklesia 2018), an attempt to put some of today's questions to the biblical authors who wrote much about 'Wisdom'.

They were thinking of the wisdom that lies behind the patterns and structures of the natural world, which I (as a former research chemist) came to appreciate; and the wisdom which enables people to cope when things are hard. In particular, John's Gospel illustrates the words of Jesus about 'life in all its fullness'. Following His way of wisdom in relation to neighbour-love, peace-with-justice and care for the environment, can - I believe - provide practical pointers for today's anxious questions: what we eat, how we travel, how we use energy, where we invest our money, and so on.

My conclusion is that we need to recover the creative triangle of relationships between God, humanity and the earth that earlier generations knew about, and which we largely lost when God was eclipsed from our ways of thinking, leaving us only with an earth to exploit and extract as much as we want, without thought of costs - or with an earth which is so large and so powerful, that my little efforts seem worth nothing - so why bother? The magnificent recent protests by school children with their banners telling us, the older generation, that it is their future world which we are damaging - provide a needed urgency to our tasks. I think we need all the Wisdom we can find.

Rt. Revd. Dr David Atkinson  
former Fellow Corpus Christi College, Oxford;  
former Bishop of Thetford;  
now an Assistant Bishop, Diocese of Southwark.

# DISCOVER.... THE EAST WINDOW

The East end of St Peter & St Paul has a huge and wonderful window.

It was made in 1954 from glass gathered from all over the country. The previous window, which was plain, was destroyed by a bomb in 1944.



The window shows Jesus rising in glory, with a kneeling pilgrim, angels and **famous people from the Bible**. They aren't all very easy to make out in this picture so come and see the window in real life! The parish website [tonbridgeparishchurch.org.uk/East Window](http://tonbridgeparishchurch.org.uk/East%20Window) will also help.



# Find the features

In the window and  
the wordsearch:

Lute	Jeremiah
Isaiah	Simeon
Pilgrim	John the Baptist
Guitar	Mary
Jesus	Martha
Angel	Poppy

A	Z	I	D	P	H	I	E	M	G	T	S	L	T	M
J	E	R	E	M	I	A	H	U	M	U	R	S	A	A
N	Q	F	Q	C	V	L	I	Z	S	J	I	X	U	R
O	X	W	H	V	T	T	G	E	P	T	L	N	C	Y
J	W	A	F	L	A	J	J	R	P	I	E	B	V	Y
V	E	B	V	R	L	P	U	A	I	U	G	G	I	U
A	P	O	P	P	Y	U	B	Z	Z	M	N	G	S	C
G	H	T	T	Q	Z	E	T	A	W	S	A	P	A	V
P	I	T	S	S	H	L	P	E	P	S	N	U	I	Z
S	A	E	R	T	R	J	C	C	O	O	W	A	A	N
P	L	N	N	A	O	W	J	S	J	U	A	U	H	G
Z	A	H	F	Z	M	D	Y	O	W	Y	H	P	P	I
R	O	W	U	D	I	B	H	S	Q	C	J	B	I	H
J	I	X	N	M	L	N	G	C	V	E	A	O	Y	J
B	W	C	A	F	R	N	O	E	M	I	S	G	X	N

LEFT: Here's a window at the side of the church, that does not have a design in it apart from the top panes. Can you design some panes for us?

BELOW is the old East window before it was bombed. What pictures or patterns would you have used?



# Your Police Community Support Officer

***We're lucky in Tonbridge to have Police Community Support Officer (PCSO) Jack Bridger in our midst. You will often see him around, but on Thursdays between 10 and 11 (at least!) he's in the coffee lounge at St Peter & St Paul, where people come along to raise issues or just chat. We asked a bit more about him.***

### ***What do you do in the community?***

PCSOs are the most visible part of the Police Force. We work with vulnerable people; we deal with antisocial behaviour; we follow up on burglaries. A lot of the job is preventative. We liaise with parents and schools, try to redirect young people with problems – for example we push them towards boxing clubs.

### ***Tell us about your background?***

I grew up (and still live) in the Snodland area. I left school and did some labouring, I worked in door to door sales, and then in retail. I always wanted to teach or work for the police, though; I wanted to make an impact, so I went off to train. The training at Maidstone HQ was brilliant – it left me impatient to get started straight away.

### ***What are the good things about the job?***

Knowing you have helped someone! And meeting people; you have to be prepared to talk and listen in this job.

### ***What are the challenges?***

You have to stay positive and civil. You might have just been at a fatal accident and the next person approaches you about something you've heard from them many, many times before, which might seem trivial. You've got to deal with them properly. You can't afford to have an off day!

### ***What are your thoughts on Tonbridge?***

I didn't know the place well and had no preconceptions. I like the way people know each other and talk. I get the impression it is busier, less sleepy in recent years, but I hope it doesn't grow too fast and get impersonal.

### ***Tell us your interests***

Football – I have played since I was 4, at a decent level when I was younger, now just on a Sunday. I try to play regularly for a team in Sheppey but my shifts are difficult.

### ***What team do you support?***

Arsenal!

### ***How would you spend a free day – anything considered!***

First, the gym, it is such a habit – then the beach with my partner and 14-month old son. I have great childhood memories of days at Hastings with fish & chips.

### ***Favourite film?***

Bruce Almighty (should I say that here?!)

***Thank you Jack for your time.***



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# Views from the Potting Shed

Well the summer is here and one of the difficulties of writing these articles is the short lead time, so I am writing this on a gloriously sunny Easter Sunday. Given the weather today and what we experienced last year during the summer, I suspect it's prudent to remind everyone of what to do if we have another scorching summer. Watering is going to be of the utmost importance and, given that most of us are now on water meters, what can we do to keep our plants alive and try and keep our water bills down? Well, if you haven't already done so, install a water butt; it may not be much use this summer but it will be ready for the coming autumn and winter rains.



One of the buzzwords over the last decade is 'grey water' - water that has already been used and can be re-used for watering and comes from washing up and bath water (provided your washing up liquid and toiletries are not too harsh), although I prefer to only use this type of water on outdoor plants growing in the soil. Avoid dishwasher or washing machine water, as the salts used in the cleaning process are just too strong for the plants to handle. When watering, little and often is not the best policy for plants in the ground; a good drenching once a week is preferable, although it will be necessary to increase the watering around anything newly planted. Ideally you need to mulch around prized plants using compost, bark chipping or gravel but make sure the soil is really wet before applying the mulch. If you have plants in pots, move them into the shade (particularly terracotta pots as they lose moisture through their sides): again a good drenching a couple of times a week should be sufficient unless they seem to be struggling, and don't forget to feed your plants with either granular or liquid feed. Avoid watering during the heat of the day as a good part will only evaporate, so water during the evenings, soaking the ground and not the leaves, and it will probably be more comfortable for you.



If you have a greenhouse, ensure you have put up shading, open all vents and doors to get air circulation: some I know even put fans in to aid air movement. Ponds can evaporate quickly during the summer, so keep them topped up, ideally using water from a rain butt. If you have to use tap water, let it stand for a couple of days to warm up to the outside temperature to avoid shocking plants and any pond life; this delay also helps the chemicals in the water to dissipate, and don't forget to top up the bird bath.

Lawns can be our pride and joy but they do suffer in drought conditions, ending up looking like straw

matting. Avoid trying to water your lawn unless you have an endless supply of water and deep pockets to pay for it as it's really a waste of time and energy and the water can be better used on protecting your other plants. Your lawn will return if we have some good downpours: hopefully sun during the day and rain at night although, regretfully, nature is not so accommodating.

Whatever the weather, enjoy your gardening and its challenges.

*Arthur Mow*

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*'Pilates exercise focuses on postural symmetry, breath control, abdominal strength, spine, pelvis and shoulder stabilization, muscle flexibility, joint mobility and strengthening through the complete range of motion of all joints instead of isolating muscle groups, the whole body is trained, integrating the upper and lower extremities with the trunk'.*

The Pilates Method Alliance

The Pilates method focuses on eight basic principles: Alignment, Breath, Centring, Concentration, Co-ordination, Relaxation, Stamina and Flow of Movement.

Pilates was developed by Joseph Pilates, who was born in Germany in 1880. As a child, he suffered from rickets, asthma and rheumatic fever, however his determination to overcome his health problems led him to develop an exercise programme using research on the classical methods of the Greeks and Romans. This programme enabled him to become a body builder, diver, skier and gymnast as well as a professional boxer, even teaching self-defence training to the police force!

In 1912, Joseph Pilates moved to England to continue his training but, with the outbreak of war, he was put into an internment camp on the Isle of Man. There he developed a rehabilitation programme for the injured and taught physical training to inmates.

After the war, he started to work with dancers. He moved to the USA in 1926 to set up a studio and worked with Balanchine, Martha Graham and many other dancers on dance injury and rehabilitation. He continued teaching, and training other teachers, up until his death in a fire in his studio at the age of eighty. Now all the vocational dance schools teach Pilates.

Pilates can be gentle and slow as well as challenging, and mat work is popular for improving balance, posture and core stability. It can also be adapted to chair work and standing. Pilates is a bit like a ballet class on the floor (i.e. without any jumps!): both use every muscle group, have similar principles and lengthen the muscles as well as strengthening them. Many physiotherapists and G.P.s recommend both of these forms of exercise. Dance and Pilates have kept me healthy and supple well into my sixties and my oldest ballet student retired at eighty-four, so it's never too late to have a go!

Gill Dunn



Regular Pilates and other exercise classes run at St Philip's and St Peter and St Paul during the week. For more details please contact the Parish Office using the contacts below:

Tel. 01732 770962 x24 (Office Opening Hours: Mon –Fri 9-3)

Email: [parishoffice@tonbridgeparishchurch.org.uk](mailto:parishoffice@tonbridgeparishchurch.org.uk)  
[www.tonbridgeparishchurch.org.uk/Groups/262817/Contact\\_Us.aspx](http://www.tonbridgeparishchurch.org.uk/Groups/262817/Contact_Us.aspx)

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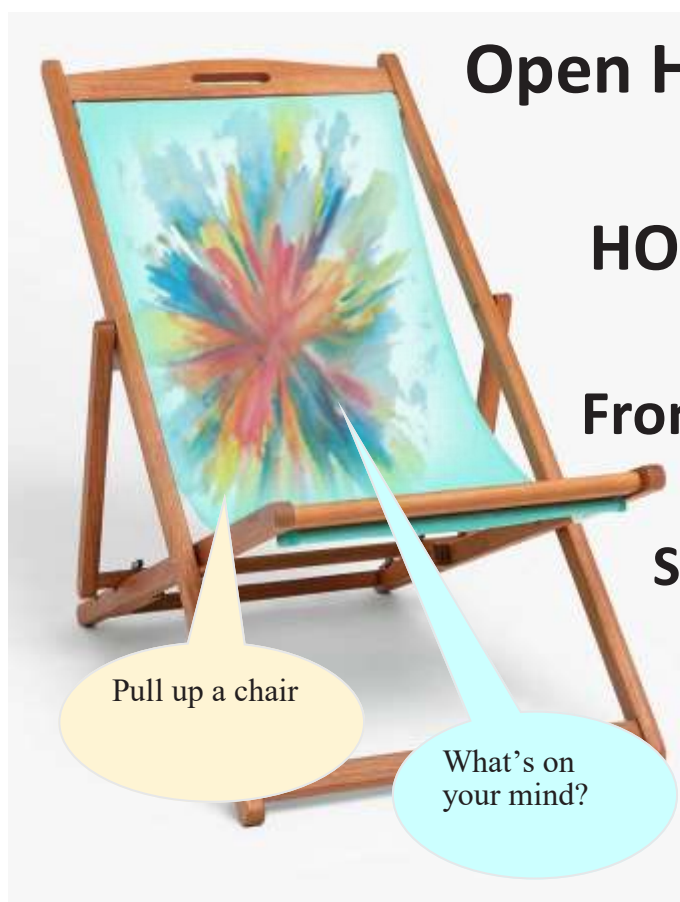
More detailed information on [www.tjfc.co.uk](http://www.tjfc.co.uk)





**God's Zoo**  
Holiday Club 2019

A Holiday Club for those in Primary school and Pre-primary  
Wed 24<sup>th</sup> - Fri 26<sup>th</sup> July at St Peter & St Paul and St Saviour, Tonbridge  
£15 per child (Max £25 per family)  
Booking forms available in our churches or at  
[www.tonbridgeparishchurch.org.uk](http://www.tonbridgeparishchurch.org.uk)



## Open House at St Philip's

**HOSPITALITY FOR ALL**

**From 11th May—end of July\***

**Saturdays 10 am—12 noon**

Tea, coffee, cold drinks, cake  
Games and toys

\* See website for possible continuation beyond July

# What's On? and From the Parish Registers

## June

Sat 1	Thy Kingdom Come: Prayer walk around parish—check facebook/website for route <a href="http://www.tonbridgeparishchurch.org.uk">www.tonbridgeparishchurch.org.uk</a> All four churches open 10am—2pm with refreshments, for those who would rather visit than walk
Saturdays June & July	Open House at St Philip's church—weekly except 22 June. See page 19
Sat 22	North Tonbridge Horticultural Society summer show 2pm St Philip's church
Sat 22-Sat 29	Oast Theatre: Mind Game by Anthony Horowitz, 8pm daily (3pm Sunday) <a href="http://www.oasttheatre.com">www.oasttheatre.com</a>
Sat 29	Tea party on St Saviour's lawn, 3 — 4.30pm You are warmly invited to join us for teas and friendly conversation.

## July

Sat 6	Tonbridge Philharmonic present An English Prom, 7.30pm St Stephen's Church <a href="http://www.tonphil.org.uk">www.tonphil.org.uk</a>
Sunday 14	Sunday Funday - a free fun-packed day presented by all Tonbridge churches, 11am—4pm at Longmead Stadium. See back page
Sat 20—Sat 27	Oast Theatre: Charley's Aunt by Brandon Thomas 8pm daily (3pm Sunday) <a href="http://www.oasttheatre.com">www.oasttheatre.com</a>
Wed 24 - Fri 26	Holiday Club at St Saviour (ages 4-5) 10.00—2.00 and at St Peter & St Paul (ages 6-11). Booking essential, see page 19

## August/September

Fridays in August	FEAST lunches at St Philip's. See our Facebook & website for details
Sat 14 Sept	Heritage Weekend 10am—4pm St Peter & St Paul. Community event with stalls run by our members and user groups; see the historic church. Church remains open for visitors 11am—4pm on Sunday 15th.

## Deaths

26-Jan-19	Joan Albury Bartup
03-Feb-19	Pamela Dorothy Evans
11-Feb-19	Doreen Markwick
01-Mar-19	Pauline Marx
02-Mar-19	Colin Patrick Watts
03-Mar-19	Carol Ann Whiting
05-Mar-19	Joan Margaret Herbert
10-Mar-19	Ruth Pauline Felton
14-Mar-19	Dorothy Elizabeth Allen
24-Mar-19	Dorothy Alycia Gregory
26-Mar-19	Ian Mandaluff
28-Mar-19	Molly Rosina Earle
01-Apr-19	Joyce Audrey Leigh
02-Apr-19	Edwin Harry Walton Rowlands
07-Apr-19	Shirley Louise Cox
16-Apr-19	Elizabeth Alice Sanders

## Weddings

02-Dec-18	Maria Janoskova & Roy Walker
-----------	------------------------------

## Baptisms

31-Mar-19	Margot Lusty Gless Lucas
-----------	--------------------------



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Mobile :- 07955-714304

Email :- [thomasrobertson537@btinternet.com](mailto:thomasrobertson537@btinternet.com)

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FOR HOME & GARDEN



	St Peter & St Paul	St Philip	St Saviour
<b>Daily</b>	<b>Coffee Lounge</b> 10am to 12pm Monday to Saturday		
<b>Monday</b>	<div> <div> <b>Merry Makers: needlecraft and quiet time</b> 10am, Upper Lounge             Prayer for young people            9.30am main church   <b>Rainbows, Brownies, Guides, Seniors</b> </div> <div> <b>Men's Forum</b>            8pm fortnightly. For more info contact Ray Tanner on 01732 351422         </div> <div> <b>Coffee Break</b>            10.30 - 11.30am   <b>Keep Fit</b>            5.30pm         </div> </div>		
<b>Tuesday</b>	<div> <div> <b>Teddies</b>            For pre-school children and their carers, 9.30am, Upper Lounge (term time)   <b>Beavers</b> at Ridgeway         </div> <div> <b>Stretch, Tone &amp; Relax Class</b> 1pm   <b>Grapevine</b> Drink, chat and activities. 2.15pm to 4.15pm   <b>Brownies</b> </div> </div>		
<b>Wednesday</b>	<div> <div> <b>Holy Communion</b> 10am   <b>Tiny Acorns</b> under-1s            10.30am - 12pm, Upper Lounge  <b>Cubs</b> at Ridgeway         </div> <div> <b>Tots and Co.</b>            For toddlers and their carers,            1.15pm - Currently taking summer break   <b>Open Prayer</b>            8 - 9pm First Wednesday of month         </div> </div>		
<b>Thursday</b>	<div> <b>Stepping Stones (term time)</b>            Bible Study, crèche available 10am  <b>Knitting &amp; Natter</b>, 2nd Thursday monthly, 10am - 12pm.   <b>Afternoon Workshop (crafts)</b>            1.30pm Upper Lounge   <b>1st Tonbridge Guides</b> </div>		
<b>Friday</b>	<div> <div> <b>Rummikub Players</b>            10.00am - 12.30pm, Upper Lounge.   <b>Bell Ringers</b> at Parish Church            7.45pm   <b>Scouts</b> at Ridgeway         </div> <div> <b>Women's Fellowship</b>            7.30pm - 9.30pm, 2nd and 4th Friday of the month         </div> </div>		
<b>Saturday</b>	<div> <div> <b>Parish Prayer</b>, 9am Lower Lounge   <b>Coffee Lounge</b> 10am - 12pm   <b>Open Church</b> 10am - 4pm         </div> <div> <b>Connect</b>            (Age 10 - 13)         </div> </div>		
<b>Sunday</b>	<b>Refresh (14-18)</b> 7.45 pm		

For more details, please contact the Church Office 01732 770962.  
 Some groups do not meet during school holidays. Check our website [tonbridgeparishchurch.org.uk](http://tonbridgeparishchurch.org.uk)



## St Peter & St Paul Church Lane, TN9 1HD

Sundays:  
8am Holy Communion (1st and 3rd Sundays of month)  
10am Morning Service (with Holy Communion on 4th Sundays) and Sunday Club for ages 4-13 each week in term time  
6.30pm Evening Service  
Wednesdays:  
10am Holy Communion

## St Philip Salisbury Road, TN10 4PA

Sundays:  
10.30am Morning Service (with Holy Communion on 3rd Sundays) and Sunday Club each week in term time

## St Andrew Hadlow Road, TN10 4LS

Sundays:  
10am Morning Service (with Holy Communion on 2nd Sunday of month)

## St Saviour Dry Hill Park Crescent, TN10 3BJ

Sundays:  
8am Holy Communion (2nd, 4th, 5th Sundays of month)  
10am Morning Service (with Holy Communion on 1st Sunday and informal service on 3rd Sunday)

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CONTACT	PHONE NUMBER
<b>Parish Administration</b> The Coach House Office, Church Street, Tonbridge, TN9 1HD	<b>770962</b>
<b>Vicar</b> The Rev'd Canon Mark Brown	<b>770962</b>
<b>Curate</b> The Rev'd Wendy Carr	<b>355200</b>
<b>Churchwardens</b> Mike Seaman Adam Calvert	<b>07793 369735</b> <b>01732 352203</b>
<b>Vicar's PA</b> Yolanda Roberts	<b>770962 X25</b>
<b>Parish Administrator</b> Jane Higgs	<b>770962 X24</b>
<b>St Philip's Administrator</b> Jane Mata	<b>352416</b>
<b>Youth and Children's Minister</b> Andy Page	<b>770962 X22</b>
<b>Parish Treasurer</b> Les Naylor	<b>07736 309200</b>
<b>PCC Secretary</b> Sally Musson	<b>838411</b>
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# Sunday Funday

**Sunday 14 July 2019**

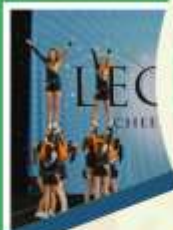
**11am - 4pm**

Longmead Stadium  
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Event\***



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