



Rules from God

Day 5 - Holiday Club 2020

The Story (from Exodus 19:16-20:17)

Something very special was happening! There was thunder and lightning and the noise of trumpets. Smoke covered the whole of the big mountain. The people of Israel stood at the bottom of the mountain and felt very frightened. The ground shook underneath their feet.

"Moses, I want to talk to you," said God. So, Moses climbed up the mountain.

"This is important," God told him. "These are the rules I want everyone to obey:

"Always remember that I am very special. I am the only God there is. Worship me, not anyone or anything else. Remember one day a week is a special day. Use it to have a rest and to think about me. Love your parents. Don't hurt people, tell lies or steal things. I want you to always love me and be kind to other people. Never forget these rules. They are important."

The Activity

Moses met with God on a mountainside, and although Tonbridge doesn't have any mountains, there are some high places around town and a little further beyond. Try visiting one of these 5 places and take a photo of yourself pretending to be Moses receiving the 10 commandments.

- ☆ Castle mound
- ☆ Bidborough ridge
- ☆ Top of The Drive
- ☆ Footbridge over the A21
- ☆ A staircase



Reflection questions

Is there anything that makes you feel frightened?

Are there any rules that you find it difficult to follow?

Can you see any connections with Jesus' life in this story?

The Prayer

Dear God, thank you for giving us rules that show us the best way to live. I'm sorry for when I've done, said or thought the wrong thing. Amen

